



Fall for a Flexible Fitness Program

-  12,200+ Gyms
-  10,800+ On-Demand Videos
-  1:1 Well-Being Coaching
-  Enroll Your Spouse¹

NO ANNUAL FEES OR LONG-TERM CONTRACTS!



Plus: 6,100+ Premium Gym Options at exercise studios, outdoor experiences, and others with **20% – 70% discounts** at most locations³

Get Started: <https://hwmg.org/wellness/active-and-fit/>



¹ Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

² Monthly fees are subject to applicable taxes.

³ Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

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